

New Haven to Middletown, CT

Fast and Fabulous Cycling Club

Why do this ride and what you're in for:

A hilly but great ride on small roads in CT.

			L	Left
Route By:	Bob Nelson, Shawn Hill, Magda Teter		R	Right
Date Last Checked:	11-Jun-06		GF	Gaily Forward
Checked By:	Alexander		BL	Bear Left
			BR	Bear Right
			X	Cross
Distance	Direction	Road / Landmark		
0	R	from Union Station to Union Ave.		
0.3	R	Water St.		
0.5	L	Olive St.		
0.6	R	Wooster St. (Little Italy)		
0.9	L	Franklin St.		
1	QR	Chapel St.		
1	QL	Hamilton St.		
1.3	R	Grand Ave.		
2.7	L	Quinnipiac Ave. (Immediately after the bridge @ traffic lights)		
3.8	X	Foxon Blvd - aka Rt. 80		
4.6	R	Foxon Hill Road (Up, Up, Up!)		
5.4	GF	at Stop		
5.6	L	Thompson St.		
6.1	BL	to stay on Thompson at Julius		
6.6	R	to stay on Thompson		
6.6	QL	to stay on Thompson		
7.5	R	Borelli		
8.1	L	at unmarked T – Totoket Road		
11.4	L	Route 22 - aka Forest Rd. at T		
12.1	BR	on Rt. 17		
12.2	QL	at Light onto 22 West		
12.3	QR	Old Post Road (Up, Up, Up!)		
12.9	BR	to stay on Old Post Road		
13.6	L	Rt. 17 - Careful - busy road		
14.8	L	Reeds Gap Road - aka Branford Ave after STOP		
18.9	R	Onto Rt. 68 (aka Durham Rd) - first STOP sign after the shooting range		
19.9	L	Rt. 157 - after crossing train tracks		
21.9	L	At T - to stay on Rt. 157		
23	R	To stay on Rt. 157		
25.4	BR	Wadsworth St. after passing Wadsworth Falls State Park		
26.7	R	Pine St. at T		
26.8	L	Berkeley Road - 62 Berkeley Rd. is a white Cape on your left		
		(860) 346-3592 or (860) 604-5682 - Cell		