

Circumbikulation

or

Der Ring der Manhattanungen

The abridged version

Fast and Fabulous Cycling Club

Why do this ride and what you're in for:

This is a simplified version of the ride we did on Hallowe'en, 2004, which was rather too long and didn't get us to brunch quickly enough. This route (Oct. 30, 2005) took us a mere 2.5 hours, which made for a civilized brunch hour, but for some riders was somewhat on the short side. Next year we might consider doing two groups; the faster one could include lower Manhattan south of 14th St. in their ride.

I don't have an odometer, so am missing distances. If someone wants to fill them in, that would be helpful. This route clocks in at just under 25 miles.

The ride begins and ends at the corner of Third Ave. and East 15th St., the location of our host's apartment. Thanks to Eric Lehman, who opened his home (and, importantly, his bathroom!) to us for the second year in a row.

Route By: **Gerry Oxford based on Richard Brause**
 Date Last Checked: **Oct. 28, 2005**
 Checked By: **Gerry Oxford**

- L Left**
- R Right**
- GF Gaily Forward**
- BL Bear Left**
- BR Bear Right**
- X Cross**
- FS Funny stuff**

Distance	Direction	Road / Landmark
0	R (south)	Third Ave. for one block
	L	14th St.
	L	First Ave. I'm skipping bits and pieces of East River greenway and picking it up where it is significant, north of the Queensboro Bridge.
	R	54th St. for a block
	L	Sutton Place; name changes to York Ave. at 59th St
	R	63rd St. There's a footbridge ramp on the north side of 63rd St. just east of York Ave., that takes you over the FDR and back to the greenway (Bobby Wagner Walk).
	FS	There are three flights of stairs at 81st St. No big deal, but they can be avoided if you must by taking the ramp at 78th St., continuing west to York Ave., right (north) on York, right on 80th St., left on East End Ave., and then right on 81st, where a short flight of ramp stairs will reconnect you with the greenway (Carl Shurz Park).
	L	120th St. ramp: continue west on 120th St. for a block.
	L	Pleasant Ave.

- R** 119th St.; follow to St. Nicholas Ave., two-thirds of the way across Manhattan. Which doesn't seem like cirumbikulation, I know, but the alternatives are messy.
- R** St. Nicholas Ave.
- BR** At 149th St. onto St. Nicholas Place
- X** 155th St. On the other side, take the ramp gaily forward towards, but not onto, Harlem River Drive. If you use the dedicated bike lane on the right, watch out for glass. Most of the way down the ramp there's an entrance to a bike path via a small break in the concrete wall on your left; take it. If you find yourself going down the ramp and onto a service road, you've gone too far.
- This path leads over the FDR Drive and back to the High Bridge Park greenway along the river, which runs uninterrupted all the way to Dyckman St.
- X** At the end of the bike path, cross Tenth Ave. -- the traffic light has a crossing light for cyclists -- and continue on Dyckman to Broadway; cross Broadway.
- BL** Riverside Drive. Follow the signs to pick up the Hudson River Greenway; there is a set of stairs on the right just after you go under the overpass towards the Henry Hudson Parkway. If you find yourself on the parkway, you have gone too far.
- FS** At about 145th St., you'll have to follow the greenway signs that lead you around the sewage treatment plant. After you pass the plant -- you will know when you're passing it! -- there is a security booth with crossing barriers; stay to the left and you'll see a passage for cyclists. Make a quick left and quick right, and you're on Twelfth Ave. headed downtown. Follow the greenway signs, which will tell you to make a right at 125th St., then a left onto the parkway service road. The entrance to the Cherry Tree Walk bike path will be on your right, just before the on-ramp to the Henry Hudson Parkway.
- FS** At around 92nd St. you'll have to bear east (left) under the pass to get up to Riverside Park; bear right on the ramp back to the greenway at around 81st St. There is a garden on the left once you are up on the esplanade, and greenway signs direct you.
- L** 14th St.
- L** Third Ave. for one block.
- L** 15th St.
- EAT**